



Drugs & Alcohol Awareness



Overview

90% of personnel directors from top UK organisations surveyed in 1994 stated that alcohol consumption was a problem for their organisation.

For small-medium sized businesses alcohol causes 3-5% of all absences from work; about 8 to 14 million working days are lost in the UK each year, due to alcohol problems.

This half day course aims to equip delegates with the knowledge & understanding of how drugs & alcohol can affect individuals, and how this can have a knock on effect within the workplace.

Target Group

This course is aimed at any personnel who wish to develop an awareness of alcohol and drug use in the workplace and beyond.

Objectives

By the end of the course delegates will be able to;

- ✗ Be able to describe the physical and behavioural signs and symptoms of alcohol and drug use
- ✗ Understand the effects of the different drugs and how they manifest themselves
- ✗ Know how to calculate alcohol decay rates
- ✗ Recognise patterns of behaviour that may indicate drug or alcohol use
- ✗ Be aware of the interventions and remedial actions available

Course Content

The following areas / topics will be covered:

- ✗ An Overview of Drug & Alcohol Use in the UK
- ✗ Encountering Drug & Alcohol Use in the Workplace
- ✗ Recognising the Signs & Symptoms of Drug & Alcohol Use
- ✗ The Four Main Drug Groups
- ✗ Drug Impairment
 - How Drugs Affect Behaviour & Performance in Different Ways
 - The Potential Implications
- ✗ Alcohol - The Facts
- ✗ How to Calculate Alcohol Decay Rates
- ✗ Interventions & Remedial Actions when Drug or Alcohol Use is Suspected
- ✗ Escalating & Signposting
- ✗ Drug & Alcohol – Personal Health & Safety Issues

Outcomes

All delegates will receive a certificate of attendance.