



Health & Safety in the workplace

Overview

This accredited one day course enables Supervisors to learn how their actions contribute to Health & Safety in the workplace, and understand individual responsibilities. Delegates will also appreciate the main causes of accidents and understand how to be more effective in managing safety problems.

Target Group

This course is designed for anyone who has responsibility for health and safety in the workplace.

Objectives

By the end of this course delegates will be able to;

- ✗ Identify the hazards, risks and main causes of harm to workers in the workplace
- ✗ Understand the principles of accident prevention
- ✗ Understand both employers and employees' responsibilities
- ✗ Identify how individual action can reduce risks to health and safety
- ✗ Understand the importance of following systems, procedures and rules
- ✗ Understand the importance of risk assessment

Course Content

The following topics/areas will be covered;

- ✗ Legislative requirements
- ✗ Managing safety
- ✗ Safety mind-set and commitment
- ✗ Safe systems & processes
- ✗ Employers' and employees' responsibilities
- ✗ Principles of accident prevention
- ✗ Accident investigation
- ✗ Accident reporting procedures
- ✗ Safety monitoring techniques

Outcomes

Upon successful completion, delegates will be awarded a Health & Safety certificate.