



## First Aid at Work (FAW)

### Overview

This HSE approved three day course enables delegates to become qualified First Aiders in the workplace in accordance with the Health and Safety at Work Act 1974. This course can be tailored to suit any audience or type of business and can be run on non-consecutive days if required.

### Target Group

This course is designed for any personnel who wish to hold a current First Aid at Work (FAW) certificate.

### Objectives

By the end of this course delegates will be able to;

- ✗ Understand the role of the first aider in the workplace
- ✗ Use available First Aid equipment correctly
- ✗ Correctly and effectively record incidents and actions
- ✗ Understand the importance of basic hygiene in first aid procedures
- ✗ Assess a situation and circumstances in order to act appropriately
- ✗ Demonstrate how to administer first aid safely, promptly and effectively

### Course Content

This course covers the following topics/areas;

- ✗ First Aid Priorities
- ✗ Managing Incidents
- ✗ Basic Life Support
- ✗ Examination of a Casualty
- ✗ The treatment and priorities of care for an unconsciousness patient
- ✗ Control of Bleeding
- ✗ How to provide care for patients who have suffered;
  - Burns and Scalds
  - Injured bones, muscles and joints
  - Eye Injuries
  - Poisoning
  - Choking
  - Shock
  - Heart attack, stroke
- ✗ Dressings
- ✗ Common Illnesses
- ✗ Serious illnesses
- ✗ Recording and Reporting
- ✗ Regulations
- ✗ First Aid Kits

Delegates are independently examined on the final afternoon of the course.

### Outcomes

Upon successful completion of this course, delegates will receive certification which is valid for three years.